

Painting on Mondays: Catriona Grant & Megan Winch

Strathfield Library & Innovation Hub

9 March - 30 April 2023

Catriona and Megan have been friends for many years and have been meeting weekly; initially taking their children to swimming lessons and over the last 15 years, this morphed into lunch and painting on Mondays.

These two friends taking the opportunity to journey together through life's ups and downs, parenting, faith, and their artistic practice. Catriona and Megan have explored art making in many forms, together and apart, endeavouring to capture the beauty around them, both natural and created.

Megan has shared with us her perspective and inspiration that drives her creative process. *"Look up and look around, for there's beauty everywhere. I am simulated by natural beauty and colour, so my artworks reflect scenes, or arrangements of objects that cause my eye to stop or look again. Currently I'm using acrylic paint which I enjoy for the speed with which you can apply and work on a painting. I have several paintings in process at one time so I can move between them when I'm stuck for the way to proceed."* Megan Winch

Like Megan, Catriona is compelled to stop and look, taking in the detail which in turn is then used to create her paintings. *"I don't think of myself as an artist. I am a vet that loves art, which notices the details of my surroundings - the geometry, the patterns, the colours - and loves to create. I love the challenge of realism. I have had no formal art training and so my practice has no single focus beyond developing skills and techniques and translating the three-dimensional world around me onto a canvas, a print, or a ceramic or a photo."* Catriona Grant

Throughout this exhibition, whilst there are distinct differences in style, subject matter, and technique between these two artists, what is shared are life experiences, a desire to create and hone their artistic practice, with many lunches shared and countless cups of tea. It is the considered act of looking that is a defining characteristic of both artists' practice.